The Major at Alfred

The mission of the Athletic Training Education Program (ATEP) at Alfred University is to provide the student with knowledge, standards, behavior models, code of ethics, and skills needed as an Athletic Trainer. The professional program is based on a solid foundation in the liberal arts arena, with a strong emphasis in biological and anatomical science.

The student, while pursuing a degree in Athletic Training, shall develop proficiency in the following performance domains as determined by the Board of Certification for the Athletic Trainer (BOC):
- prevention;
- recognition, evaluation, and assessment;
- immediate care;
- treatment, rehabilitation, and reconditioning;
- organization and administration;
- professional development and responsibility.

The ATEP is based on the philosophy that education is a life-long process. This is particularly true for a profession, which, through its practice of specific skills, seeks to fill the needs of athletes and recreationally active individuals. The needs of this select group are dynamic due to continually improving methods of training and new findings through research. Therefore, the formal phase of professional education cannot hope to produce a fully and perpetually qualified practitioner. It must seek to thoroughly educate the students in these concepts, principles, and tools, which are particularly applicable to the continued acquisition of knowledge and perfection of skills in the field of athletic training.

Sample Job Titles

Certified Athletic Trainers are medical professionals who specialize in the prevention, assessment, treatment and rehabilitation of injuries to athletes and others who are engaged in everyday physical activities. Athletic training practice domains include: prevention; recognition, evaluation and assessment; immediate care; treatment, rehabilitation and reconditioning; organization and administration; professional development and responsibility.

- Corporate health advisor
- Physical education teacher
- Director of recreation
- Health instructor
- Fitness center staff/director
- Clinic director
- Camp athletic trainer
- Emergency medical technician
- Physician
- Fitness instructor
- Athletic director
- Physician assistant
- Collegiate athletic trainer
- Professional team athletic trainer
- Community health director
- Personal trainer
- Rehabilitation specialist
- Program administration
- Facilities manager
- Sports equipment designer
- Sports psychologist
- Exercise physiologist
- Sports nutritionist
- High school athletic trainer
- Physical therapist
Recent Grads...Where are they now?

Within the past few years, graduates have obtained employment as...
Rehab Technician – Naples Community Hospital
Phlebotomist — American Red Cross
Athletic Trainer – Nova Care
Athletic Trainer – Alfred State College
Personal Trainer – Midtown Athletic Club
Exercise Specialist/Duty Manager – Plus One Fitness
Army Football Athletic Trainer – Army Athletic Association
Athletic Trainer – Fairleigh Dickinson University
Assistant Athletic Trainer – Elmira College
Athletic Training Intern – Merchant Marine Academy
Athletic Training Intern – University of New Hampshire
Assistant Athletic Trainer – Washington University
Assistant Athletic Trainer- Wells College

And have attended graduate school at...
Ithaca College (Physiology of Exercise)
Western Michigan University (Exercise Science)
Georgia State University (Sports Medicine)
Slippery Rock University (Health and Wellness)
Syracuse University (Human Nutrition)
Columbia University (Motor Learning and Control)
Slippery Rock University (Sports Management)
Western Michigan University (Athletic Training)
Shippensburg University (Psychology)
Yale University (Medicine)
SUNY Brockport (Health Education)
Alfred University (Secondary Education; Biology Education)
D’Youville College (Physical Therapy)
Columbia University (Applied Anatomy and Human Nutrition)
Elmira College (Health Service Management)

Get Experience on Campus

Try to get involved on campus in activities or organizations related to your area of interest. If you want to teach, join one of the many student organizations focused on helping others. Some campus organizations, clubs or offices through which you can gain relevant experience include:

- National Athletic Trainers Association, student membership
- Alfred University Athletic Training Club
- Student Athlete Advisory Board

Where to go from here?

- Individual career counseling for anything from choosing a major to getting a job
- Saxon JobLink Web services (www.alfred.edu/cdc) to view jobs and internships, post a resume and more
- Saxon Career Volunteer network – speak to alumni in your career field
- Choices CT computerized program for searching graduate schools
- Web resources: if you are a member of the National Athletic Trainers Association, we recommend www.nata.org